

Publications about Strengthening Families Program (Alphabetical Listing)

Aktan, G. (1995). Organizational Framework for a Substance Use Prevention Program. *International Journal of Addictions* 30: 185-201.

Aktan, G., Kumpfer, K. L., & Turner, C. (1996). The Safe Haven Program: Effectiveness of a Family Skills Training Program for Substance Abuse Prevention with Inner City African American Families. *International Journal of the Addictions*. 31, 158-175.

Alvarado, R. & Kumpfer, K.L. (2000). Strengthening America's Families. *Juvenile Justice*, 7 (2), 8-18.

Bry, B. H., Catalano, R. F., Kumpfer, K. L., Lochman, J. E. & Szapocznik, J. (1998). Scientific Findings from Family Prevention Intervention Research. In Ashery, Robertson, & Kumpfer (Eds.) *Family Focused Prevention of Drug Abuse: Research and Interventions*. NIDA Research Monograph, Washington, Dc: Superintendent of Documents, US Government Printing Office, 103-129.

Demarsh, J. K., & Kumpfer, K. L. (1985). Family Environmental and Genetic Influences on Children's Future Chemical Dependency. *Journal of Children in Contemporary Society: Advances in Theory and Applied Research*, 18 (1/2), 117-152.

Harrison, S., Proskauer, S., & Kumpfer, K. L. (1995). Final Evaluation Report on Utah CSAP/CYAP Project. Submitted to the Utah State Division of Substance Abuse. Social Research Institute, University of Utah.

Kameoke, V. A. (1996). The Effects of a Family-focused Intervention on Reducing Risk for Substance Abuse among Asian and Pacific-island Youths and Families: Evaluation of the Strengthening Hawaii's Families Project. Honolulu: University of Hawaii, Social Welfare Evaluation and Research Unit.

Kameoka, V. A., & Lecar, S. (1996). The Effects of a Family-focused Intervention on Reducing Risk for Substance Abuse among Asian and Pacific-island Youths and Families: Evaluation of the Strengthening Hawaii's Families Project. Available from the Coalition for a Drug-Free Hawaii, University of Hawaii.

Kumpfer, K. L. (1991). Safe Haven African American Parenting Project: Final Evaluation Report. Manuscript Submitted for Publication. Salt Lake City: University of Utah, Health Behavior Laboratory, Department of Health Education.

Kumpfer, K. L. (1991). How to Get Hard-to-Reach Parents Involved in Parenting Programs. In Pines, D., Crute, D., & Rogers, E. (Eds.), *Parenting as Prevention: Preventing Alcohol and Other Drug Abuse Problems in the Family* (Pp.87-95). Rockville, MD: Office of Substance Abuse Prevention Monograph.

Kumpfer, K. L. (1993 & 1999b). Strengthening America's Families: Promising Parenting and

Family Strategies for Delinquency Prevention. A User's Guide, Prepared for the U.S. Department of Justice under Grant No. 87-js-cx-k495 from the Office of Juvenile Justice and Delinquency Prevention, Office of Juvenile Programs, U.S. Department of Justice. Also see ([Www.strengtheningfamilies.org](http://www.strengtheningfamilies.org)).

Kumpfer, K. L., Bridges, S., & Williams, K. (1993). The Safehaven Program: Strengthening African-American Families. Submitted to the Detroit City Health Department by the Department of Health Education, University of Utah, Salt Lake City, Utah.

Kumpfer, K. L.. (2000). Strengthening Family Involvement in School Substance Abuse Programs. In W. B. Hansen, S. M. Giles, & M. D. Fearnow-Kenney (Eds.). *Improving Prevention Effectiveness*, (Pp. 127-140), Tanglewood Research, Inc., Greensboro, North Carolina.

Kumpfer, K. L. (1999a). Factors and Processes Contributing to Resilience: The Resilience Framework. In M.D. Glantz and J. L. Johnson (Eds.) *Resilience and Development: Positive Life Adaptions*, 179-224. New York: Kluwer Academic/plenum Publishers.

Kumpfer, K.L. (1998). The Strengthening Families Program. In R.S. Ashery, E. Robertson, & K.L. Kumpfer (Eds.) (1998). Drug Abuse Prevention Through Family Interventions, NIDA Research Monograph #177, DHHS, National Institute on Drug Abuse, Rockville, MD, NIH Publication No. 97-4135.

Kumpfer, K. L. (1997). What Works in the Prevention of Drug Abuse: Individual, School and Family Approaches. DHHS, Center for Substance Abuse Prevention. Secretary's Youth Substance Abuse Prevention Initiative: Resource Paper: 69-105. March, 1997.

Kumpfer, K. L., & Alvarado, R. (In Press). Family Interventions for the Prevention of Drug Abuse. American Psychologist, (Special Issue on Prevention). Editors: Weissberg, R., and Kumpfer, K.L.

Kumpfer, K. L., & Alvarado, R (1998). Effective Family Strengthening Interventions. *Juvenile Justice Bulletin*, Family Strengthening Series. Washington, DC: U.S. Department of Justice, Office of Justice Programs, Office of Juvenile Justice and Delinquency Prevention. November, 1998.

Kumpfer, K. L. & Demarsh, J.P. (1983). Strengthening Families Program: Parent Training Curriculum Manual. (Prevention Services to Children of Substance-abusing Parents). Social Research Institute, Graduate School of Social Work, University of Utah.

Kumpfer, K. L., & Demarsh, J. P. (1985). Prevention of Chemical Dependency in Children of Alcohol and Drug Abusers. *NIDA Notes*, 5, 2-3.

Kumpfer, K. L., & Kaftarian, S. J. (2000). Bridging the Gap Between Family-focused Research and Substance Abuse Prevention Practice: Preface. *Journal of Primary Prevention*, 21(2), 169-183.

Kumpfer, K. L.; Demarsh, J. P.; & Child, W. (1989). Strengthening Families Program: Children's Skills Training Curriculum Manual, Parent Training Manual, Children's Skill Training Manual, and Family Skills Training Manual (Prevention Services to Children of Substance-abusing Parents). Social Research Institute, Graduate School of Social Work, University of Utah.

Kumpfer, K. L., & Turner, C. W. (1990-1991). The Social Ecology Model of Adolescent Substance Abuse: Implications for Prevention. *The International Journal of the Addictions*, 25(4a), 435-463.

Kumpfer, K. L., Molgaard, V., & Spoth, R. (1996). The Strengthening Families Program for Prevention of Delinquency and Drug Use in Special Populations. In R. Dev Peters, & R. J. McMahon, (Eds.) *Childhood Disorders, Substance Abuse, and Delinquency: Prevention and Early Intervention Approaches*. Newbury Park, Ca: Sage Publications.

Kumpfer, K. L., Wamberg, K., & Martinez, D. (1996, October). Strengthening Families Program. Workshop at 2nd National Training Conference in Strengthening America's Families. Snowbird, UT.

Kumpfer, K. L., Drug Control Policy Group, & Baxley, G. (1997). Drug Abuse Prevention: What Works. Resource Manual, National Institute on Drug Abuse, Technology Transfer Program, NIH Pub. No. 97-4110, NIDA, Rockville, Md.

Kumpfer, K. L., Williams, M.K. & Baxley, G. (1997). Drug Abuse Prevention for Selective Groups: The Strengthening Families Program. Resource Manual, National Institute on Drug Abuse, Technology Transfer Program, NCADI # Bkd201.ntis Bp#98-113103.

Molgaard, V., Kumpfer, K. L. & Spoth, R. (1994). The Iowa Strengthening Families Program for Pre and Early Teens. Ames, IA: Iowa State University.

Spoth, R. & Molgaard, V. (1999). Project Family: a Partnership Integrating Research with the Practice of Promoting Family and Youth Competencies. In T. R. Chibucos & R. Lerner (Eds). *Serving Children and Families Through Community-university Partnerships: Success Stories* (Pp.127-137). Boston: Kluwer Academic.

Publications about Strengthening Families Program (By Type of SFP Program)

Underlying Empirically-tested Theory

Kumpfer, K. L. (1999). Factors and Processes Contributing to Resilience: The Resilience Framework. In M. D. Glantz and J. L. Johnson (Eds.) *Resilience and Development: Positive Life Adaptions*, 179-224. New York: Kluwer Academic/plenum Publishers.

Kumpfer, K.L., & Turner, C. W. (1990-1991). The Social Ecology Model of Adolescent

Substance Abuse: Implications for Prevention. *The International Journal of the Addictions*, 25(4a), 435-463.

Springer, J. F, Sambrano, S., Sale, E., Nistler, M., Kisim, R., & Hermann, J (2000). The National Cross-site Evaluation of High-Risk Youth Programs: Final Report. EMT Associates, Inc. and Orc Macro, Prepared for CSAP, Rockville: Md.

Turner, C., Sales, L., & Springer, F. (1998). Analysis of the High Risk Youth Grantee Program: Pathways to Substance Use. Paper Presented at the 3rd Annual CSAP High Risk Youth Conference, Cincinnati, OH, July 23, 1998.

Original Elementary School Age Strengthening Families Programs for Addicted Parents

Demarsh, J. K., & Kumpfer, K. L. (1985). Family Environmental and Genetic Influences on Children's Future Chemical Dependency. *Journal of Children in Contemporary Society: Advances in Theory and Applied Research*, 18 (1/2), 117-152.

Kumpfer, K. L. & Demarsh, J. P. (1983). Strengthening Families Program: Parent Training Curriculum Manual. (Prevention Services to Children of Substance-abusing Parents). Social Research Institute, Graduate School of Social Work, University of Utah.

Kumpfer, K. L., & Demarsh, J. P. (1985). Prevention of Chemical Dependency in Children of Alcohol and Drug Abusers. *NIDA Notes*, 5, 2-3.

Kumpfer, K. L.; Demarsh, J. P.; & Child, W. (1989). Strengthening Families Program: Children's Skills Training Curriculum Manual, Parent Training Manual, Children's Skill Training Manual, and Family Skills Training Manual (Prevention Services to Children of Substance-abusing Parents). Social Research Institute, Graduate School of Social Work, University of Utah. (Now Disseminated by Dept. Of Health Promotion and Education, Call (801) 581-8498).

Kumpfer, K. L., Williams, M. K. & Baxley, G. (1997). Drug Abuse Prevention for Selective Groups: The Strengthening Families Program. Resource Manual, National Institute on Drug Abuse, Technology Transfer Program, NCADI, # Bkd201.ntis Bp#98-113103.

(Monograph with Implementation Tips)

Implementation Issues: Recruiting and Retaining SFP Families

Kumpfer, K. L. (1991). How to Get Hard-to-Reach Parents Involved in Parenting Programs. In Pines, D., Crute, D., & Rogers, E. (Eds.), *Parenting as Prevention: Preventing Alcohol and Other Drug Abuse Problems in the Family* (Pp.87-95). Rockville, MD: Office of Substance Abuse Prevention Monograph.

Kumpfer, K. L. (2000). Strengthening Family Involvement in School Substance Abuse Programs. In W. B. Hansen, S. M. Giles, & M. D. Fearnow-Kenney (Eds.). *Improving Prevention Effectiveness*, (Pp. 127-140), Tanglewood Research, Inc., Greensboro, NC.

Culturally-modified SFP Versions

Overview of the Results of the Multi-Ethnic Versions

Kumpfer, K. L. (1998). The Strengthening Families Program. In R. S. Ashery, E. Robertson, & K.L. Kumpfer (Eds.) (1998). *Drug Abuse Prevention Through Family Interventions*, NIDA Research Monograph #177, DHHS, National Institute on Drug Abuse, Rockville, MD, NIH Publication No. 97-4135.

African-American SFP Version (Selective, High-Risk Addicted Parents in Treatment)

Aktan, G. (1995). Organizational Framework for a Substance Use Prevention Program. *International Journal of Addictions* 30: 185-201.

Aktan, G., Kumpfer, K. L., & Turner, C. (1996). The Safe Haven Program: Effectiveness of a Family Skills Training Program for Substance Abuse Prevention with Inner City African American Families. *International Journal of the Addictions*. 31, 158-175.

Kumpfer, K. L. (1991). Safe Haven African American Parenting Project: Final Evaluation Report. Manuscript Submitted for Publication. Salt Lake City: University of Utah, Health Behavior Laboratory, Department of Health Education.

Kumpfer, K. L., Bridges, S., & Williams, K. (1993). The Safehaven Program: Strengthening African-American Families. Submitted to the Detroit City Health Department by the Department of Health Education, University of Utah, Salt Lake City, Utah.

Multi-ethnic Version in Utah (Indicated Treatment Populations, Mental Health Centers)

Harrison, S., Proskauer, S., & Kumpfer, K. L. (1995). Final Evaluation Report on Utah CSAP/CYAP Project. Submitted to the Utah State Division of Substance Abuse. Social Research Institute, University of Utah.

Pacific Islander Version: Hawaii (High-risk Housing Community and School Populations)

Kameoke, V.A. (1996). The Effects of a Family-focused Intervention on Reducing Risk for Substance Abuse among Asian and Pacific-island Youths and Families: Evaluation of the Strengthening Hawaii's Families Project. Honolulu: University of Hawaii, Social Welfare Evaluation and Research Unit.

Kameoka, V.A., & Lecar, S. (1996). The Effects of a Family-focused Intervention on Reducing Risk for Substance Abuse among Asian and Pacific-island Youths and Families: Evaluation of the Strengthening Hawaii's Families Project. Available from the Coalition for a Drug-Free

Hawaii, University of Hawaii.

Hispanic/Latino SFP Version (High-risk, Housing Community and School Populations)

Kumpfer, K.L., Wamberg, K., & Martinez, D. (1996, October). Strengthening Families Program. Workshop at 2nd National Training Conference in Strengthening America's Families. Snowbird, UT.

Adolescent SFP Versions

Adolescent Version of SFP (Iowa Version)

Kumpfer, K.L., Molgaard, V., & Spoth, R. (1996). The Strengthening Families Program for Prevention of Delinquency and Drug Use in Special Populations. In R. Dev Peters, & R. J. McMahon, (Eds.) *Childhood Disorders, Substance Abuse, and Delinquency: Prevention and Early Intervention Approaches*. Newbury Park, Ca: Sage Publications.

Molgaard, V., Kumpfer, K. L. & Spoth, R. (1994). *The Iowa Strengthening Families Program for Pre and Early Teens*. Ames, IA: Iowa State University.

Spoth, R. & Molgaard, V. (1999). Project Family: a Partnership Integrating Research with the Practice of Promoting Family and Youth Competencies. In T.R. Chibucos & R. Lerner (Eds.) *Serving Children and Families Through Community-university Partnerships: Success Stories* (Pp.127-137). Boston: Kluwer Academic.

Dissemination and Policy Issues

Kumpfer, K. L., & Kaftarian, S. J. (2000). Bridging the Gap between Family-focused Research and Substance Abuse Prevention Practice: Preface. *Journal of Primary Prevention*, 21(2), 169-183.

Overviews of Evidence-based Family Strengthening Programs

Alvarado, R. & Kumpfer, K.L. (2000). Strengthening America's Families. *Juvenile Justice*, 7_(2), 8-18.

Bry, B. H., Catalano, R. F., Kumpfer, K. L., Lochman, J. E. & Szapocznik, J. (1998). Scientific Findings from Family Prevention Intervention Research. In Ashery, Robertson, & Kumpfer (Eds.) *Family Focused Prevention of Drug Abuse: Research and Interventions*. NIDA Research Monograph, Washington, DC: Superintendent of Documents, US Government Printing Office, 103-129.

Kumpfer, K. L. (1993 & 1999b). *Strengthening America's Families: Promising Parenting and Family Strategies for Delinquency Prevention. A User's Guide*, Prepared for the U.S. Department of Justice under Grant No. 87-js-cx-k495 from the Office of Juvenile Justice and

Delinquency Prevention, Office of Juvenile Programs, U.S. Department of Justice. Also see (www.strengtheningfamilies.org).

Kumpfer, K. L. (1997). What Works in the Prevention of Drug Abuse: Individual, School and Family Approaches. DHHS, Center for Substance Abuse Prevention. Secretary's Youth Substance Abuse Prevention Initiative: Resource Paper: 69-105. March, 1997.

Kumpfer, K. L., & Alvarado, R. (In Press). Family Interventions for the Prevention of Drug Abuse. *American Psychologist*, (Special Issue on Prevention). Eds: Weissberg, R., and Kumpfer, K. L.

Kumpfer, K. L., & Alvarado, R (1998). Effective Family Strengthening Interventions. *Juvenile Justice Bulletin*, Family Strengthening Series. Washington, DC: U.S. Department of Justice, Office of Justice Programs, Office of Juvenile Justice and Delinquency Prevention (OJJDP). November, 1998.

Kumpfer, K. L., Drug Control Policy Group, & Baxley, G. (1997). Drug Abuse Prevention: What Works. Resource Manual, National Institute on Drug Abuse, Technology Transfer Program, NIH Pub. No. 97-4110, NIDA, Rockville, Md.